You are NOT powerless

If you want to influence the government's actions in Iraq here are some suggestions for what **you can do**.

Your silence might be taken for agreement

TALK

- * to your friends and colleagues
- * to your local clubs and societies about non-violence and the alternatives to war
- * in your school, college, workplace, place of worship, cafe or pub
- * to your union or professional organisation and encourage it to discuss publicly and advocate long-term, non-violent solutions to the current situation and the addressing of the underlying problems which breed terrorism



WRITE

- * letters to your local MP they are very important
- * letters and articles to your local paper
- * to encourage those national figures who also advocate addressing the underlying problems
- * to world leaders and the United Nations

JOIN

- * with like minded people, form a local group to promote and work for Peace
- * your local Peace group, if you have one, and take part in their activities
- * any national or local demonstration

HELP

- * your local group to organise meetings demonstrations etc
- * get signatures on any petition that is organised

PHONE any relevant radio phone in – be heard

VISIT your local MP's surgery

ENGAGE in civil disobedience or take part in nonviolent direct action. See www.j-n-v.org and www.tridentploughshares.org and www.nvda-uk.net

STICK UP a poster – make your own or see websites below

WEAR a badge – or make stickers on address labels – templates on www.womeninblack.org.uk

COPY this and give it to someone else

Be Seen Picasso's beautiful peace image can be used on badges, t-shirts, window stickers, placards etc. He gave it to the peace movement to use - use it. **REMEMBER** – you don't have to spend lots of time unless you can, or take part in major action unless you wish, small personal actions count, but do take action NOW.

Contacts for protest

- * Rt. Hon Tony Blair MP, Prime Minister, 10 Downing Street, London SW1A 2AA. phone:020 7270 3000 fax: 020 7925 0918
- * Rt. Hon Jack Straw MP, The Foreign Secretary, FCO, King Charles Street, London SW1A 2AH phone: 020 7270 2059 fax: 020 7839 2417
- * Rt. Hon Geoff Hoon MP, Secretary of State for Defence, Ministry of Defence, Whitehall, London SW1A 2HB phone: 020 7218 2111 fax: 020 7218 7140 e-mail: sofs-registry1@mod.gsi.gov.uk or leave a message for any Minister with a real person via the Government switchboard: 020 7270 1500
- * The President, The White House, 1600 Pennsylvania Avenue, NW Washington DC 20500 ph: 001 202 456 6797 Fax: 001 202 456 2883 E-mail: president@whitehouse.gov

* your MP: House of Commons, Westminster London SW1A OAA

Peace is something that has to be worked for at all times, not just times of crisis

Peace News (magazine) tel: 020 7278 3344 War Resisters' International tel: 020 7278 4040 Women in Black- London: 020 7813 2019 Campaign Against Arms Trade tel: 020 7281 0297

Peace Pledge Union tel: 020 7424 9444 Camp' for Nuclear Disarmament tel: 020 7700 2393

Scientists for Global Responsibility: sgr@gn.apc.org

MEDACT tel: 020 7272 2020

Pax Christi tel: 020 8203 4884
Trident Ploughshares tel: 01603 611953

Inst' for War and Peace Reporting tel: 020 7713 7130

IFOR – see www.ifor.org.wpp WILPF – see www.wilpf.int.ch ARROW – 020 7607 2302

Buy Housmans Diary (inc' World Peace Directory)

Iraq: Voices in the Wilderness, UK, 0805 458 2564 and Act Together, 020 7272 9324

Useful websites - for information, tools for action, news and views